

My Facial Feminization Surgery (FFS) Experience with Dr. Douglas Ousterhout

Facial Feminization Surgery (FFS) is a life-changing procedure for transgender women and non-binary individuals seeking to align their physical appearance with their gender identity. As someone who has undergone this transformative surgery, I am eager to share my personal experience with Dr. Douglas Ousterhout, a highly respected and experienced FFS surgeon.



My Facial Feminization Surgery FFS experience with Dr. Douglas Ousterhout and Mira Coluccio at Davies medical center and corrections done by Dr. Mark Zukowski ... IL., for transsexuals and transgendered

by Trinity Rose www.facialfeminizationsurgery.net

★★★★★ 5 out of 5

Language	: English
File size	: 151 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 25 pages
Lending	: Enabled
Paperback	: 86 pages
Item Weight	: 7.8 ounces



In this article, I will provide a detailed account of my FFS journey, from my initial consultation to the recovery process. I will discuss the various

procedures I underwent, the results I achieved, and the overall impact FFS has had on my life.

Initial Consultation

My FFS journey began with a comprehensive consultation with Dr. Ousterhout. During this consultation, I discussed my goals for surgery and provided him with a detailed medical history. Dr. Ousterhout carefully examined my facial features and explained the different FFS procedures that could help me achieve my desired results.

Dr. Ousterhout was incredibly knowledgeable, patient, and attentive. He listened to my concerns and answered all of my questions thoroughly. He also provided me with realistic expectations about the surgery and recovery process.

Surgical Procedures

After the initial consultation, I scheduled my FFS surgery with Dr. Ousterhout. The surgery took place in an accredited surgical facility and lasted approximately 10 hours.

During the surgery, Dr. Ousterhout performed the following procedures:

- Forehead contouring
- Brow bone reduction
- Cheek augmentation
- Rhinoplasty
- Lip lift

- Chin reduction
- Tracheal shave

These procedures were performed with great precision and care. Dr. Ousterhout used advanced surgical techniques to minimize scarring and achieve the most natural-looking results.

Recovery Process

The recovery process from FFS can be challenging, but it is essential to follow Dr. Ousterhout's instructions carefully to ensure optimal healing. I experienced some swelling, bruising, and discomfort for the first few weeks after surgery.

Dr. Ousterhout provided me with detailed post-operative care instructions, including pain medication, wound care, and activity restrictions. He also scheduled regular follow-up appointments to monitor my progress and address any concerns.

With rest, patience, and adherence to Dr. Ousterhout's instructions, I gradually recovered from surgery. The swelling and bruising subsided, and my facial features began to take on a more feminine appearance.

Results

I am incredibly happy with the results of my FFS surgery. Dr. Ousterhout's artistry and skill have transformed my facial features, bringing them into harmony with my gender identity.

My forehead is now smoother and more rounded, my brow bones are less prominent, and my cheeks are fuller. My nose is smaller and more refined,

my lips are fuller and more symmetrical, and my chin is more delicate.

Overall, my face has a more feminine appearance, which has significantly improved my self-confidence and overall well-being.

Impact on My Life

FFS has had a profound impact on my life. Before surgery, I often felt dysphoric about my facial features. I avoided social situations and felt uncomfortable in my own skin.

After FFS, I feel more confident and comfortable in my body. I am able to express myself authentically and live my life to the fullest. FFS has given me the opportunity to live as my true self, and I am eternally grateful to Dr. Douglas Ousterhout for his exceptional care and the transformative results he has achieved.

If you are considering FFS, I highly recommend Dr. Douglas Ousterhout. His expertise, compassion, and commitment to excellence make him one of the leading FFS surgeons in the world.

My FFS journey has been an incredibly positive experience, and I am thrilled with the results. I encourage anyone considering FFS to schedule a consultation with Dr. Ousterhout and experience the transformative power of this life-changing surgery.



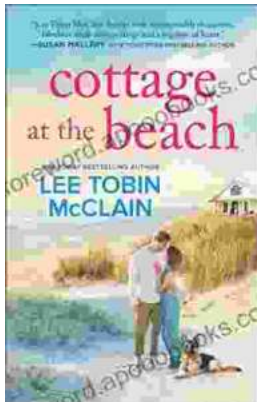
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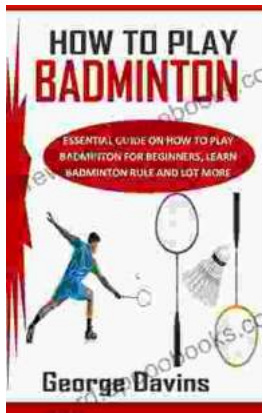
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