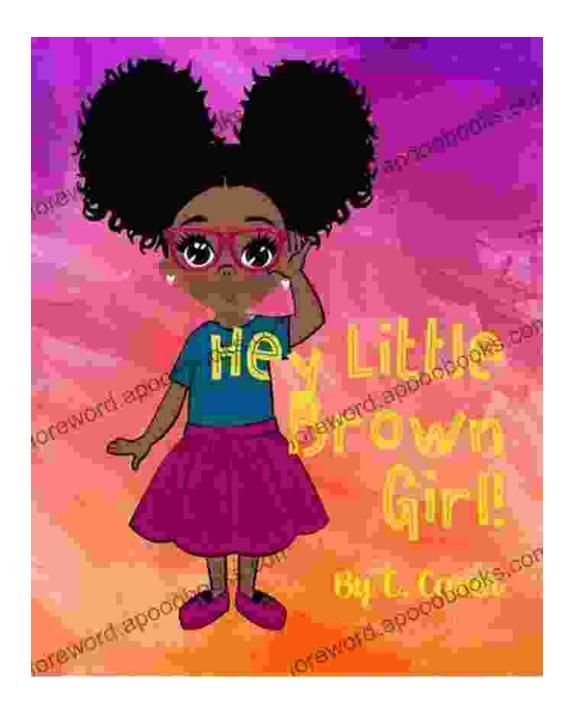
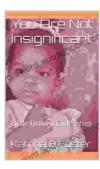
# Little Brown Girl, Middle Me: A Journey of Self-Discovery, Resilience, and Healing



Little Brown Girl, Middle Me is a powerful and inspiring memoir that chronicles the author's journey of self-discovery, resilience, and healing after facing racism, sexism, and child abuse.

The author, Tanisha C. Ford, was born into a poor family in rural Mississippi. She was raised by her single mother, who worked long hours to support her family. Tanisha was often left alone with her older brother, who sexually abused her.



## You Are Not Insignificant: Little Brown Girl Series (Middle Me Book 1) by Katrina B Foster

★ ★ ★ ★ 5 out of 5

Language : English

File size : 1109 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 14 pages

Lending



: Enabled

When Tanisha was 12 years old, her family moved to a predominantly white neighborhood in Chicago. Tanisha was the only black girl in her class, and she was often the target of racial slurs and discrimination.

Despite the challenges she faced, Tanisha excelled in school. She was a gifted student, and she dreamed of becoming a doctor. However, her dreams were shattered when she was diagnosed with lupus, a chronic autoimmune disease.

Tanisha's diagnosis was a major setback, but it also forced her to confront the trauma she had experienced as a child. She began to write about her experiences, and she found that writing was a therapeutic way to process her emotions.

Little Brown Girl, Middle Me is a raw and honest account of Tanisha's journey of self-discovery, resilience, and healing. It is a story that will inspire and empower readers of all ages.

Here is a Q&A with Tanisha C. Ford about her book:

### Q: What inspired you to write Little Brown Girl, Middle Me?

**A:** I wrote *Little Brown Girl, Middle Me* to share my story of overcoming racism, sexism, and child abuse. I wanted to show others that it is possible to heal from trauma and to live a happy and fulfilling life.

## Q: What was the most challenging part of writing your memoir?

**A:** The most challenging part of writing my memoir was reliving the traumatic events that happened to me in my childhood. However, I knew that it was important to tell my story so that others could learn from my experiences.

## Q: What do you hope readers will take away from your book?

**A:** I hope that readers will take away from my book the message that it is possible to overcome adversity and to live a happy and fulfilling life. I also hope that my book will inspire others to share their stories and to help break the silence around child abuse and sexual violence.

#### **About the Author**

Tanisha C. Ford is a writer, speaker, and advocate for survivors of child abuse and sexual violence. She is the founder of the Brown Girl Rising Foundation, which provides support and resources to young women of color who have experienced trauma. Tanisha's work has been featured in The New York Times, The Washington Post, and Essence Magazine. She is a graduate of Harvard College and the University of Chicago Law School.

#### Reviews

"Little Brown Girl, Middle Me is a powerful and inspiring memoir that chronicles the author's journey of self-discovery, resilience, and healing after facing racism, sexism, and child abuse. Tanisha C. Ford's writing is raw and honest, and her story is sure to stay with you long after you finish reading it." - Kirkus Reviews

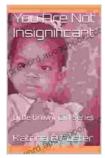
"Little Brown Girl, Middle Me is a must-read for anyone who has ever experienced trauma. Tanisha C. Ford's story is a testament to the power of resilience and healing. This book will inspire you to find your own voice and to share your story with the world." - The Huffington Post

"Little Brown Girl, Middle Me is a powerful and moving memoir that will stay with you long after you finish reading it. Tanisha C. Ford's writing is raw and honest, and her story is sure to inspire and empower readers of all ages." - Publishers Weekly

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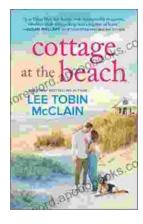
your copy today and start reading Tanisha C. Ford's inspiring story of overcoming adversity!



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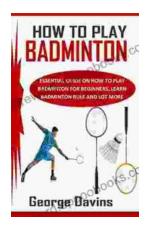
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